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 CompanionLife.com

## Companion Life Insurance Company Washington Health Care Benefit Managers

Health care benefit manager (HCBM) means a person or entity providing services to, or acting on behalf of, a health carrier or employee benefits programs, that directly or indirectly impacts the determination or utilization of benefits for, or patient access to, health care services, drugs, and supplies. HCBMs include, but are not limited to, specialized benefit types, such as pharmacy, radiology, laboratory and mental health.

The services of HCBMs also include:

- Prior authorization or preauthorization of benefits or care;
- Certification of benefits or care;
- Medical necessity determinations;
- Utilization review;
- Benefit determinations;
- Claims processing and repricing for services and procedures;
- Outcome management;
- Payment or authorization of payment to providers and facilities for services or procedures;
- Dispute resolution, grievances, or appeals relating to determinations or utilization of benefits;
- Provider network management; or
- Disease management

The Companion Life Insurance Company Washington HCBMs and the contracted services:

	Services	Prior authorization or preauthorization of benefits or care	Certification of benefits or care	Medical necessity determinations	Utilization review	Benefit determinations	Claims processing and repricing for services and procedures	Outcome management	Payment or authorization of payment to providers and facilities for services or procedures	Dispute resolution, grievances, or appeals relating to determinations or utilization of benefits	Provider network management	Disease management
<b>HCBM</b>												
EyeMed Vision Care, LLC					X	X	X			X	X	
First American Administrators, Inc.							X		X			
DenteMax, LLC							X				X	
P&R Dental Strategies, LLC				X	X							
Self Insured Services Company LLC		X	X	X	X	X	X		X	X		
Zellis Healthcare, LLC							X				X	
United Concordia Companies, Inc.							X				X	
Dental Management Administrators, Inc.		X	X			X	X		X	X		
Express Scripts, Inc.		X		X	X	X	X	X		X	X	
The Loomis Company			X			X	X		X			